

Price Shocks, Vulnerability and Food and Nutrition Security among Rural and Urban Households in Tanzania

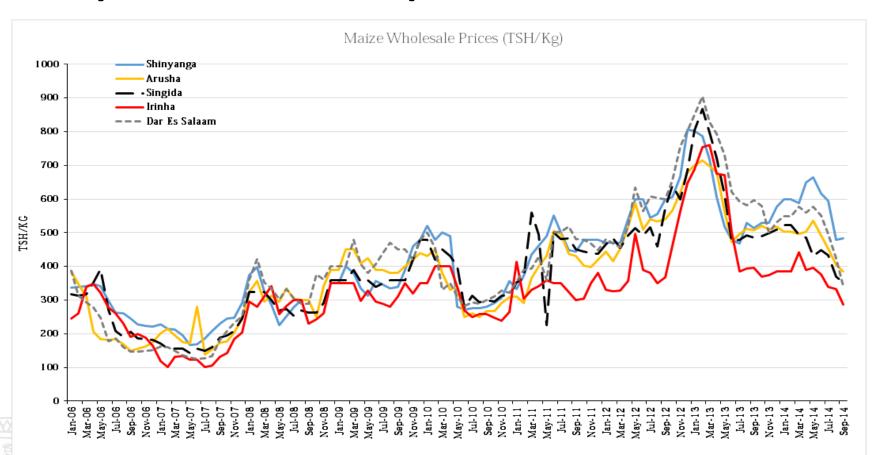
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## The starting point

#### The price crisis: same pattern across districts



Source: WFP-VAM (2014)

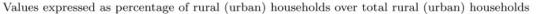


## The starting point

Incidence of a single/multiple shock on Tanzanian HHs

|   | Rural |      |      | Urban |      |      |
|---|-------|------|------|-------|------|------|
| Year                                    | 2008  | 2010 | 2012 | 2008  | 2010 | 2012 |
| (i) Price Shocks                        |       |      |      |       |      |      |
| Large fall in sale prices for crops     | 32%   | 25%  | 20%  | 7%    | 8%   | 6%   |
| Large rise in agricultural input prices | 32%   | 22%  | 20%  | 11%   | 10%  | 8%   |
| Large rise in price of food             | 65%   | 48%  | 43%  | 70%   | 59%  | 51%  |
| (ii) Natural Disasters                  |       |      |      |       |      |      |
| Crop disease                            | 31%   | 25%  | 18%  | 6%    | 7%   | 5%   |
| Droughts or floods                      | 30%   | 26%  | 27%  | 13%   | 12%  | 14%  |
| Fire                                    | 2%    | 3%   | 1%   | 1%    | 1%   | 1%   |
| Severe water shortage                   | 32%   | 27%  | 21%  | 41%   | 35%  | 21%  |
| (iii) Asset Shocks                      |       |      |      |       |      |      |
| Dwelling damaged, destroyed             | 1%    | 0%   | 0%   | 1%    | 0%   | 1%   |
| Livestock died or were stolen           | 28%   | 19%  | 13%  | 8%    | 10%  | 8%   |
| Loss of Land                            | 4%    | 4%   | 3%   | 1%    | 3%   | 2%   |
| (iv) Employment Shocks                  |       |      |      |       |      |      |
| Household business failure              | 3%    | 4%   | 3%   | 9%    | 8%   | 8%   |
| Loss of salaried employment             | 1%    | 2%   | 1%   | 6%    | 4%   | 3%   |
| (v) Health Shocks                       |       |      |      |       |      |      |
| Chronic illness/accident of HH member   | 11%   | 6%   | 5%   | 7%    | 8%   | 5%   |
| Death of a member of the HH             | 16%   | 9%   | 9%   | 11%   | 9%   | 7%   |
| Death of other family member            | 37%   | 31%  | 23%  | 46%   | 45%  | 37%  |
| (vi) Crime and Safety Shocks            |       |      |      |       |      |      |
| Hijacking/Robbery/burglary/assault      | 9%    | 6%   | 5%   | 13%   | 16%  | 7%   |
| (vii) Household break-up                |       |      |      |       |      |      |
| Break-up of the HH                      | 5%    | 6%   | 7%   | 6%    | 8%   | 8%   |
| Jailed                                  | 1%    | 1%   | 1%   | 0%    | 0%   | 0%   |





Note: the numbers in the columns do not add up to 100% since households indicated multiple shocks.

### Literature on the topic

- The effects of prices on poverty are commodity-specific, country-specific and household-specific (Ravallion and Lokshin, 2004; Hertel and Winters, 2006, Aksoy and Izik-Dimelik, 2008; Ivanic and Martin, 2008; Polaski, 2008; Wodon et al., 2008; Sarris and Rapsomanikis, 2009; Wodon and Zaman, 2010; Ivanic et al., 2012)
- Effect of price surges on caloric and macro/micro-nutrients intake (Jensen and Miller, 2008; Brinkman et al., 2010; Harttgen and Klasen, 2012; Alem and Sodebrom, 2012; Zaki et al. 2014; D'Souza and Jolliffe, 2014)
- Relevant contributions for Tanzania, but before the most recent food price spikes (Christiansen et al., 2006; Sarris and Karfakis, 2007)



## **Research questions**

- overall obj.: effects of recent food price shocks (and other covariate and idiosyncratic shocks) on food consumption across Tanzanian HHs in urban and rural areas
- vulnerability as uninsured exposure to risk (VER):
  - impact of price shocks both on household food caloric intake (quantity) and dietary diversity (quality)
  - why certain types of HHs are more vulnerable than others,
     controlling also for the severity of the event
  - macro and micro-nutrients' deficiencies among regions: role played by financial deepening in a context of domestic price volatility

#### **Data**

- HH data from the 2008/09, 2010/11 and 2012/13
   Tanzania National Panel Survey (part of LSMS ISA)
  - TZNPS Y1: 3,265 households and 16,709 individuals
  - TZNPS Y2: 3,924 households and 20,559 individuals
  - TZNPS Y3: 5,010 households and 25,412 individuals
- multi-stage, stratified, random sampling of Tanzanian HHs
- representative at the national, urban/rural, and agroecological level
- final sample: 58,022 units

#### Food caloric intake: fixed effect

#### Specification

$$y_{ijt} = \beta_0 + \beta_1 P_{jt} + \beta_2 S_{jt} + \beta_3 X_{it} + \beta_4 Z_{jt} + \gamma_{ij} + \eta_t + \epsilon_{ijt}$$

 $y_{iit}$  In(food caloric intake)

 $P_{it}$  vector of price shock variables

 $S_{it}$  vector of non-price shock variables

 $X_{it}$  vector of variables of individual characteristics

 $Z_{it}$  vector of household characteristics

 $\gamma_{ii}$  individual time-invariant fixed effects

 $\eta_t$  year effects

#### Effect of shocks on food caloric intake

| Head is female   |                                  | Overall   |         | Rural               |         | Urban       |         |
|--|----------------------------------|-----------|---------|---------------------|---------|-------------|---------|
| $ \begin{array}{c ccccccccccccccccccccccccccccccccccc$   |                                  |           |         | log(Caloric Intake) |         | log(Calorio | Intake) |
| Educ of Head $0.038^{**}$ $(3.12)$ $0.068^{****}$ $(4.71)$ $0.040$ $(1.75)$ HH size $-0.250^{****}$ $(-8.72)$ $-0.264^{****}$ $(-6.78)$ $-0.211^{****}$ $(-4.94)$ Number of Children $-0.021$ $(-0.76)$ $0.020$ $(0.53)$ $-0.115^{***}$ $(-2.89)$ Sex Ratio $0.002$ $(0.20)$ $0.007$ $(0.61)$ $-0.002$ $(-0.08)$ Dependency Ratio $-0.064^{****}$ $(-4.60)$ $-0.080^{***}$ $(-4.72)$ $0.009$ $(0.37)$ Primary education $0.015$ $(1.41)$ $0.003$ $(0.24)$ $0.044^{**}$ $(1.97)$ Secondary education $-0.014$ $(-1.04)$ $-0.025$ $(-1.77)$ $0.027$ $(0.91)$ University education $0.010$ $(0.98)$ $-0.003$ $(-0.24)$ $0.042^{**}$ $(2.18)$ Head works in Agri/Livestock $0.003$ $(0.32)$ $-0.012$ $(-0.91)$ $0.011$ $(0.58)$ Income Diversity $0.027^{**}$ $(3.11)$ | Head is female                   | 0.045**   | (2.69)  | 0.021               | (1.01)  | 0.074*      | (2.39)  |
| $\begin{array}{c ccccccccccccccccccccccccccccccccccc$  | Age of head                      |           | (-0.63) |                     | (-2.15) | 0.119*      | (2.49)  |
| $\begin{array}{c ccccccccccccccccccccccccccccccccccc$  | Educ of Head                     | 0.038**   | (3.12)  |                     | (4.71)  |             | (1.75)  |
| $\begin{array}{c ccccccccccccccccccccccccccccccccccc$  | HH size                          | -0.250*** | (-8.72) | -0.264***           | (-6.78) | -0.211***   | (-4.94) |
| $\begin{array}{c ccccccccccccccccccccccccccccccccccc$  | Number of Children               | -0.021    | (-0.76) | 0.020               | (0.53)  | -0.115**    | (-2.89) |
| $\begin{array}{c ccccccccccccccccccccccccccccccccccc$  | Sex Ratio                        |           |         | 0.007               | (0.61)  | -0.002      | (-0.08) |
| $\begin{array}{c ccccccccccccccccccccccccccccccccccc$  | Dependency Ratio                 | -0.064*** | (-4.60) | -0.080***           | (-4.72) | 0.009       | (0.37)  |
| $\begin{array}{c ccccccccccccccccccccccccccccccccccc$  | Primary education                |           | (1.41)  | 0.003               | (0.24)  | 0.044*      | (1.97)  |
| $\begin{array}{c ccccccccccccccccccccccccccccccccccc$  | Secondary education              | -0.014    | (-1.04) | -0.025              | (-1.77) | 0.027       | (0.91)  |
| $\begin{array}{c ccccccccccccccccccccccccccccccccccc$  |                                  | 0.010     | (0.98)  | -0.003              | (-0.24) | 0.042*      | (2.18)  |
| $\begin{array}{c ccccccccccccccccccccccccccccccccccc$  | Head works in Agri/Livestock     | 0.003     | (0.32)  | 0.012               | (1.12)  | 0.010       | (0.50)  |
| $\begin{array}{cccccccccccccccccccccccccccccccccccc$   |                                  | -0.009    | (-0.83) |                     | (-0.91) | 0.011       | (0.58)  |
| $\begin{array}{cccccccccccccccccccccccccccccccccccc$   | Income Diversity                 | 0.027**   | (3.11)  | 0.039***            | (3.63)  | 0.027       | (1.67)  |
| $\begin{array}{c ccccccccccccccccccccccccccccccccccc$  | Acres of land                    | 0.035***  | (4.39)  | 0.042**             | (2.95)  | 0.024*      | (2.44)  |
| $\begin{array}{c ccccccccccccccccccccccccccccccccccc$  | Asset Sofisticated Index         |           | (3.80)  |                     | (2.86)  |             |         |
| $\begin{array}{c ccccccccccccccccccccccccccccccccccc$  | Animal index                     | 0.126***  | (13.90) | 0.125***            | (11.72) |             |         |
| $\begin{array}{c ccccccccccccccccccccccccccccccccccc$  | Asset base index                 | -0.007    | (-1.03) | -0.004              | (-0.38) |             |         |
| $\begin{array}{cccccccccccccccccccccccccccccccccccc$   | Housing quality index            | 0.067***  | (6.70)  | 0.063***            | (5.33)  | 0.077***    | (5.58)  |
| $\begin{array}{cccccccccccccccccccccccccccccccccccc$   | Quality/access to services index | -0.036*** | (-4.82) | -0.053***           | (-6.73) | 0.007       | (0.47)  |
| Staple Food Buyer $0.134^{***}$ $(17.56)$ $0.119^{***}$ $(15.05)$ $0.209^{***}$ $(9.03)$ Shock illness $-0.007$ $(-1.09)$ $0.015$ $(1.91)$ $-0.040^{***}$ $(-3.64)$ Shock drought/flood $0.030^{***}$ $(4.91)$ $0.022^{**}$ $(3.01)$ $0.036^{**}$ $(2.83)$ Shock P fall $-0.000$ $(-0.07)$ $-0.005$ $(-0.81)$ $0.019^{**}$ $(2.45)$ Shock P rise $-0.007$ $(-1.20)$ $0.010$ $(1.48)$ $-0.021$ $(-1.74)$ Shock P input rise $-0.022^{**}$ $(2.40)$ $0.010$ $(1.67)$ $-0.026^{**}$ $(-2.58)$ Observations $58022$ $40015$ $18007$ $R^2$ $0.053$ $0.055$ $0.085$  | Consumer durable index           | 0.104***  | (9.88)  | 0.105***            | (8.82)  | 0.138***    | (6.99)  |
| Shock illness $-0.007$ $(-1.09)$ $0.015$ $(1.91)$ $-0.040^{***}$ $(-3.64)$ Shock drought/flood $0.030^{***}$ $(4.91)$ $0.022^{**}$ $(3.01)$ $0.036^{**}$ $(2.83)$ Shock P fall $-0.000$ $(-0.07)$ $-0.005$ $(-0.81)$ $0.019^{*}$ $(2.45)$ Shock P rise $-0.007$ $(-1.20)$ $0.010$ $(1.48)$ $-0.021$ $(-1.74)$ Shock P input rise $-0.022^{*}$ $(2.40)$ $0.010$ $(1.67)$ $-0.026^{**}$ $(-2.58)$ Observations $58022$ $40015$ $18007$ $R^2$ $0.053$ $0.055$ $0.085$   | Cash crop seller                 |           | (-0.39) |                     | (1.41)  |             | (-4.44) |
| $\begin{array}{c ccccccccccccccccccccccccccccccccccc$  | Staple Food Buyer                | 0.134***  | (17.56) | 0.119***            | (15.05) | 0.209***    | (9.03)  |
| $\begin{array}{cccccccccccccccccccccccccccccccccccc$   | Shock illness                    |           | (-1.09) | 0.015               | (1.91)  | -0.040***   | (-3.64) |
| $\begin{array}{c ccccccccccccccccccccccccccccccccccc$  | Shock drought/flood              | 0.030***  | (4.91)  | 0.022**             | (3.01)  | 0.036**     | (2.83)  |
| Shock P input rise $-0.022^*$ $(2.40)$ $0.010$ $(1.67)$ $-0.026^{**}$ $(-2.58)$ Observations $R^2$ $0.053$ $0.055$ $0.085$   | •                                |           | (-0.07) |                     | , ,     | 0.019*      | (2.45)  |
| Observations $58022$ $40015$ $18007$ $R^2$ $0.053$ $0.055$ $0.085$   | Shock P rise                     | -0.007    | (-1.20) | 0.010               | (1.48)  | -0.021      | (-1.74) |
| $R^2$ 0.053 0.055 0.085  |                                  |           | (2.40)  |                     | (1.67)  | -0.026**    | (-2.58) |
|  |                                  |           |         |                     |         |             |         |
| F 44.92 31.70 20.16  |                                  |           |         |                     |         |             |         |
|  | F                                | 44.92     |         | 31.70               |         | 20.16       |         |

#### Effect of shocks on food caloric intake

|   | log(Calorio |               | log(Caloric Intake) |         |  |  |  |
|---|-------------|---------------|---------------------|---------|--|--|--|
|   | Rur         |               | Urban               |         |  |  |  |
| Head is female  |             | 0.042* (1.98) |                     | (2.64)  |  |  |  |
| Age of head   | 0.006       | (0.23)        | 0.081**<br>0.146**  | (3.00)  |  |  |  |
| Educ of Head  | 0.066***    | (4.62)        | 0.047*              | (2.05)  |  |  |  |
| HH size   | -0.247***   | (-6.48)       | -0.234***           | (-5.54) |  |  |  |
| Number of Children  | -0.000      | (-0.00)       | -0.093*             | (-2.35) |  |  |  |
| Sex Ratio   | 0.006       | (0.52)        | -0.003              | (-0.13) |  |  |  |
| Dependency Ratio  | -0.081***   | (-4.84)       | -0.007              | (-0.31) |  |  |  |
| Primary education   | 0.036**     | (2.75)        | 0.052*              | (2.33)  |  |  |  |
| Secondary education   | 0.015       | (1.06)        | 0.044               | (1.46)  |  |  |  |
| University education  | 0.010       | (0.80)        | 0.049*              | (2.57)  |  |  |  |
| Head works in Agri/Livestock                                | 0.000       | (0.02)        | 0.008               | (0.42)  |  |  |  |
| Ind works in Agri/Livestock                                 | -0.004      | (-0.31)       | 0.016               | (0.84)  |  |  |  |
| Income Diversity  | 0.020       | (1.92)        | 0.020               | (1.19)  |  |  |  |
| Acres of land   | 0.040**     | (2.82)        | 0.023*              | (2.30)  |  |  |  |
| Asset Sofisticated Index                                    | 0.031**     | (3.06)        |                     | ()      |  |  |  |
| Animal index  | 0.099***    | (9.14)        |                     |         |  |  |  |
| Asset base index  | -0.010      | (-1.01)       |                     |         |  |  |  |
| Housing quality index                                       | 0.089***    | (7.29)        | 0.082***            | (5.83)  |  |  |  |
| Quality/access to services index                            | -0.027**    | (-3.02)       | -0.004              | (-0.30) |  |  |  |
| Consumer durable index                                      | 0.114***    | (9.59)        | 0.131***            | (6.68)  |  |  |  |
| Cash crop seller  | 0.026**     | (2.58)        | -0.050***           | (-3.83) |  |  |  |
| Staple Food Buyer   | 0.093***    | (9.33)        | 0.273***            | (9.75)  |  |  |  |
| Shock illness   | 0.005       | (0.61)        | -0.041***           | (-3.72) |  |  |  |
| Shock drought/flood   | 0.041**     | (2.88)        | 0.408***            | (6.82)  |  |  |  |
| Shock P fall  | 0.003       | (0.28)        | 0.018               | (0.97)  |  |  |  |
| Shock P rise  | -0.003      | (-0.45)       | -0.029*             | (-2.11) |  |  |  |
| Shock P input rise  | -0.013      | (-1.53)       | -0.025*             | (-2.26) |  |  |  |
| Drought/flood * Staple Food Buyer                           | -0.015      | (-1.14)       | -0.395***           | (-6.75) |  |  |  |
| Drought/flood * Cash Crop Seller                            | -0.008      | (-0.83)       | -0.005              | (-0.43) |  |  |  |
| P fall * Staple Food Buyer                                  | -0.014      | (-1.44)       | -0.006              | (-0.34) |  |  |  |
| P rise * Staple Food Buyer                                  | -0.043***   | (-5.88)       | -0.007              | (-0.73) |  |  |  |
| P input rise * Cash Crop Seller                             | -0.034***   | (-4.49)       | -0.015*             | (-2.35) |  |  |  |
| Severity P fall * Staple Food Buyer                         | 0.004       | (0.68)        | -0.005              | (-0.69) |  |  |  |
| Severity P rise * Staple Food Buyer                         | -0.021**    | (-3.22)       | -0.001              | (-0.09) |  |  |  |
| Severity P input rise * Cash Crop Seller                    | -0.003      | (-0.46)       | -0.027*             | (-2.55) |  |  |  |
| Observations  | 40013       |               | 18005               |         |  |  |  |
| $R^2$   | 0.070       |               | 0.100               |         |  |  |  |
| F   | 32.73       |               | 15.65               |         |  |  |  |
| Standardized beta coefficients: t statistics in parentheses |             |               |                     |         |  |  |  |

Market participation: net-sellers vs. net-buyers

Innovation, productivity and growth: towards sustainable agri-food production

## **Food Consumption Score**

$$FCS = a_{staple} x_{staple} + a_{pulses} x_{pulses} + a_{vegetables} x_{vegetables} + a_{fruit} x_{fruit} + a_{animal} x_{animal} + a_{sugar} x_{sugar} + a_{dairy} x_{dairy} + a_{oil} x_{oil}$$

- $x_i$  frequencies of food consumption = number of days for which each food group was consumed over the past 7 days
- a, weight of each food group

## **Food Consumption Score: estimates**

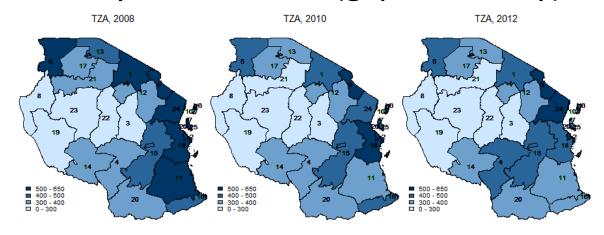
2012

|                                   | 2010      |         |           |         |           |         |  |
|-----------------------------------|-----------|---------|-----------|---------|-----------|---------|--|
|                                   | Overall   |         | Rural     |         | Urba      | an      |  |
|                                   | Log(FCS)  |         | Log(FCS)  |         | Log(F     | CS)     |  |
| Individual Controls               | (Yes)     |         | (Yes)     |         | (Yes)     |         |  |
| Household Controls                | (Yes)     |         | (Yes)     |         | (Yes)     |         |  |
| Shock illness                     | -0.033*** | (-5.45) | -0.036*** | (-5.07) | -0.027**  | (-2.60) |  |
| Shock drought/flood               | 0.029*    | (2.50)  | -0.030*   | (-2.41) | 0.336***  | (7.56)  |  |
| Drought/flood * Staple Food Buyer | -0.064*** | (-5.66) | -0.034**  | (-2.70) | -0.300*** | (-6.90) |  |
| Drought/flood * Cash Crop Seller  | 0.035***  | (4.04)  | 0.065***  | (6.19)  | -0.008    | (-0.65) |  |
| Shock P fall                      | -0.011    | (-1.30) | -0.014    | (-1.47) | -0.034    | (-1.38) |  |
| Shock P rise                      | -0.080*** | (-4.26) | 0.021     | (1.36)  | -0.447*** | (-7.01) |  |
| Shock P input rise                | 0.063***  | (7.99)  | -0.055*** | (-6.73) | -0.027    | (-1.68) |  |
| P fall * Staple Food Buyer        | 0.009     | (1.12)  | 0.032***  | (3.47)  | -0.020    | (-0.92) |  |
| P rise * Staple Food Buyer        | -0.108*** | (-5.55) | -0.012    | (-0.73) | -0.466*** | (-7.26) |  |
| P input rise * Cash Crop Seller   | -0.022*** | (-4.20) | -0.072*** | (-9.37) | -0.029    | (-1.73) |  |
| Observations                      | 19562     | , ,     | 13864     | , ,     | 5698      | . /     |  |
| $R^2$                             | 0.262     |         | 0.278     |         | 0.278     |         |  |
| F                                 | 225.9     |         | 173.4     |         | 65.58     |         |  |

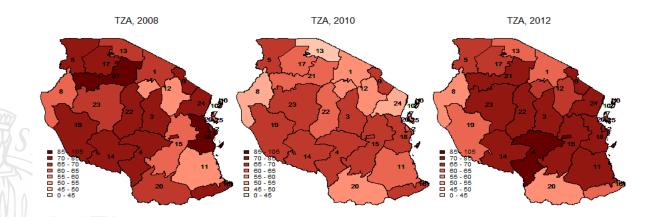
|                                  |              | 2012     |           |          |           |         |  |
|----------------------------------|--------------|----------|-----------|----------|-----------|---------|--|
|                                  |              | Overall  |           | Rural    |           | an      |  |
|                                  | Log(F        | Log(FCS) |           | Log(FCS) |           | (CS)    |  |
| Individual Controls              | (Yes)        |          | (Yes)     |          | (Yes)     |         |  |
| Household Controls               | (Yes)        |          | (Yes)     |          | (Yes)     |         |  |
| Shock illness                    | -0.041***    | (-7.57)  | -0.024*** | (-3.91)  | -0.072*** | (-7.09) |  |
| Shock drought/flood              | 0.013        | (1.19)   | 0.014     | (1.13)   | 0.124**   | (3.17)  |  |
| Drought/flood * Staple Food Buy  | er -0.052*** | (-4.95)  | -0.059*** | (-5.02)  | -0.173*** | (-4.43) |  |
| Drought/flood * Cash Crop Seller | 0.027**      | (3.28)   | 0.029**   | (2.87)   | 0.030**   | (2.67)  |  |
| Shock P fall                     | 0.006        | (0.70)   | 0.006     | (0.63)   | 0.040     | (1.59)  |  |
| Shock P rise                     | -0.059***    | (-7.82)  | -0.069*** | (-8.44)  | 0.008     | (0.40)  |  |
| Shock P input rise               | -0.034***    | (-5.03)  | -0.039*** | (-4.87)  | -0.030*   | (-2.48) |  |
| P fall * Staple Food Buyer       | -0.000       | (-0.04)  | 0.006     | (0.68)   | -0.059*   | (-2.32) |  |
| P rise * Staple Food Buyer       | -0.100***    | (-11.82) | -0.120*** | (-12.76) | -0.040*   | (-2.00) |  |
| P input rise * Cash Crop Seller  | -0.010       | (-1.60)  | -0.015*   | (-2.14)  | 0.006     | (0.47)  |  |
| Observations                     | 23269        |          | 15986     |          | 7283      |         |  |
| $R^2$                            | 0.180        |          | 0.203     |          | 0.135     |         |  |
| F                                | 148.5        |          | 114.1     |          | 36.46     |         |  |

#### Macro and micro nutrients intake

carbohydrates intake (g/person/day)

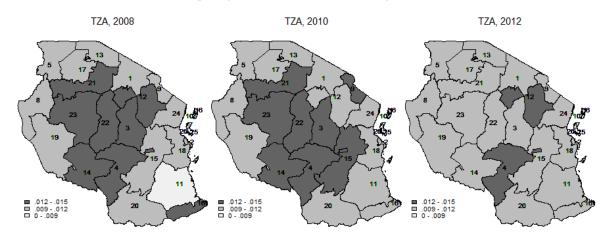


proteins intake (g/person/day)

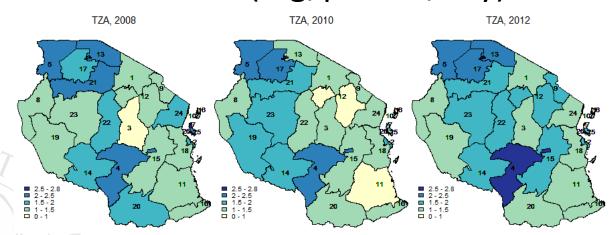


#### Macro and micro nutrients intake

zinc intake (g/person/day)



vitamin A intake (mg/person/day)



## **Concluding remarks**

- price instability together with natural disasters are among the most experienced shocks among Tanzanian households
- the sensitivity of food intake variation to food price shocks is different among rural and urban households
- food price rise and food price fall affect (-) and
   (+) both quantity and quality of food consumed

## **Concluding remarks**

- a mix of price stabilizing policies and food fortification programs need to be implemented at local level to improve the quality of the diet
- interventions should prioritize that regions exhibiting a deficit in macro/micro nutrients absorption (i.e. fats, calcium and vitamin-A)

## Thank you

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